BODY STORY: Teen Dreams

Directions: While watching the video, take notes on a separate piece of paper that will assist you in answering the questions below. After viewing the video, please answer the following questions in complete sentences on this paper. When you are done please staple your notes sheet to this paper and turn in to the instructor.

1. What did you learn about the physical changes of an adolescent’s body that you didn't know before (at least 3)?

2. What are some situations you saw the characters in the video experience that may not have if not due to hormones (describe at least 2)?

3. How could these physical changes that have occurred in their bodies lead them into challenging situations (drugs, alcohol, sex, eating disorders, etc.)?

4. What are the major differences you saw between males and females? (Explain at least 3)